

2016-2017 Saskatoon Track and Field Club Outdoor Funding Standards

STFC Youth National Funding Standards				
Women			Men	
<i>Entry</i>	<i>STFC</i>	Event	<i>STFC</i>	<i>Entry</i>
13.00	12.83	100m	11.50	11.50
26.00	25.84	200m	23.03	23.15
60.00	59.54	400m	51.39	51.40
2:20.00	2:19.57	800m	1:57.76	1:58.00
4:55.00	4:52.00	1500m	4:05.20	4:08.00
10:50.00	10:45.00	3000m	9:00.00	9:06.00
15.67	15.50	100m H		
		110m H	15.73	16.00
1:08.14	1:07.71	400m H	1:00.00	1:03.44
7:50.00	7:45.00	2000m SC	6:30.00	6:45.00
2.80	2.85	PV	3.58	3.50
1.55	1.53	HJ	1.82	1.85
5.10	5.12	LJ	6.30	6.35
10.50	10.57	TJ	12.39	12.50
12.05	11.50	SP	13.43	13.00
33.00	31.00	Discus	40.00	40.00
37.95	38.50	Hammer	39.00	38.00
37.25	35.00	Javelin	45.00	44.00
NS	4000	Hept		
		Dec	5200	NS

STFC Junior National Funding Standards				
Women			Men	
<i>Entry</i>	<i>STFC</i>	Event	<i>STFC</i>	<i>Entry</i>
12.10	12.31	100m	10.99	10.90
24.75	25.35	200m	22.37	22.10
57.00	57.39	400m	50.35	49.00
2:13.00	2:15.56	800m	1:57.11	1:53.50
4:38.00	4:42.00	1500m	4:02.22	3:57.00
10:10.00	10:17.15	3000m		
19:00.00	19:00.00	5000m	15:24.82	15:10.00
		10,000m	34:06.06	0:00.00
14.80	14.80	100m H		
		110m H	15.49	15.30
1:03.50	1:04.53	400m H	56.59	57.00
11:50.00	11:52.86	3000m SC	10:05.46	9:55.00
3.25	3.22	PV	4.00	4.10
1.65	1.60	HJ	1.88	1.95
5.60	5.24	LJ	6.32	6.75
11.50	11.00	TJ	13.26	13.50
12.00	11.49	SP	14.50	14.50
41.00	38.00	Discus	42.00	43.00
47.00	46.00	Hammer	45.00	48.00
39.00	38.00	Javelin	51.00	52.00
NS	4000	Hept		
		Dec	5800	NS

STFC Senior National Funding Standards				
Women			Men	
<i>Entry</i>	<i>STFC</i>	Event	<i>STFC</i>	<i>Entry</i>
11.80	11.89	100m	10.50	10.45
24.15	24.63	200m	21.66	21.30
55.00	56.59	400m	48.92	48.00
2:06.00	2:08.60	800m	1:52.17	1:50.00
4:24.00	4:32.00	1500m	3:53.05	3:46.00
16:40.00	17:30.00	5000m	14:50.38	14:15.00
0:00.00	37:12.57	10,000m	31:16.35	0:00.00
13.90	14.27	100m H		
		110m H	15.34	14.80
1:01.00	1:01.64	400m H	56.54	54.50
11:20.00	11:20.00	3000m SC	9:19.89	9:10.00
4.00	3.80	PV	4.53	4.80
1.75	1.70	HJ	2.01	2.05
5.90	5.70	LJ	6.81	7.40
11.90	11.61	TJ	13.80	14.70
14.00	13.00	SP	15.00	16.00
45.00	42.00	Discus	45.00	48.00
57.00	54.00	Hammer	57.00	59.00
47.00	44.50	Javelin	60.00	63.00
NS	4300	Hept		
		Dec	6000	NS

Women			
	Youth	Junior	Senior
Shotput	3 kg	4 kg	4 kg
Discus	1 kg	1 kg	1 kg
Hammer	3kg	4 kg	4 kg
Javelin	500 gm	600 gm	600 gm

Men			
	Youth	Junior	Senior
Shotput	5 kg	6kg	16 lb
Discus	1.5 kg	1.75 kg	2 kg
Hammer	5 kg	6 kg	16 lb
Javelin	700 gm	800 gm	800 gm

Hurdles / Steeplechase	
Youth Men- 110mH- 36" (13.72m to 1st, 9.14m b/w)- 400mH-33" (45m to 1st, 35m b/w)	
Youth Women- 100mH- 30" (13.00m to 1st, 8.50m b/w)- 400mH-30" (45m to 1st, 35m b/w)	
Junior Men- 110mH- 39" (13.72m to 1st, 9.14m b/w)- 400mH-36" (45m to 1st, 35m b/w)	
JR and SR Women- 100mH- 33" (13.00m to 1st, 8.50m b/w)- 400mH-30" (45m to 1st, 35m b/w)	
Senior Men- 110mH- 42" (13.72m to 1st, 9.14m b/w)- 400mH-36" (45m to 1st, 35m b/w)	
Youth Women and Men- 2000m with Water Jump (Women- 30" Men- 36")	
Junior and Senior Women- 3000m with Water Jump- 30"	
Junior and Senior Men- 3000m with Water Jump- 36"	

STFC will provide funding for any athlete attending an approved youth, junior or senior national championships who also achieve the STFC national funding standard. An athlete achieving these standards will be eligible to receive a maximum funding amount per national event, as well as a maximum funding amount per registration year (Sept 1, 2016 until Aug 31, 2017)

- i. Maximum funding amount per trip will be determined by the location of the national event
 - a. Up to a maximum of \$300 for national events in Alberta or Manitoba
 - b. Up to a maximum of \$400 for national events in British Columbia, Ontario, or Quebec
 - c. Up to a maximum of \$500 for national events in the Maritimes.
- ii. Maximum funding amount per year for the year of 2016-2017
 - a. Youth: Up to a maximum of \$525
 - b. Junior and Senior: Up to a maximum of \$600
- iii. STFC national funding will only cover accommodation, and travel. Receipts must be submitted to the head coach (or someone designated by the head coach) within one month of the ending of the qualification period. Any funding amounts obtained through Saskatchewan Athletics (up to 75% of transportation if achieved Sask Athletics funding standard) will be subtracted from transportation receipt before STFC funding amount is calculated.
- iv. For any athlete obtaining the STFC national funding standard, STFC will cover the entry fee for the athlete's first event. Any other event fees will be covered by the athlete. STFC relay team entry fees will also be paid by the club. Any late entries, or late fees will be paid by the athlete.
 - a. First event fees will be paid for by STFC for every national championships that an athlete has STFC funding standard in
- v. STFC national funding standards must be achieved in the appropriate seasons. Athletes that have funding standard from a previous season or who are injured may obtain funding for the current year at the discretion of the head coach (a letter must be submitted in writing to the head coach before the end of the qualifying period)
 - a. Indoor standards: Must be achieved at an indoor event between October 1, 2016 and up to and including the Saskatoon Kinsmen Games (March 17-18, 2017)
 - b. Outdoor standards: Must be achieved at an outdoor event between January 1, 2017 and up to and including the national championships. Performances must be obtained using proper hurdle spacing, or implement weight (where applicable).
 - Some high school performances will not count towards standards. Wind readings must be available (where applicable) and legal according to the IAAF rule book (+2.0 m/s for 100m, 200m, sprint hurdles, long jump, and triple jump) (For combined events- the average velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed +2.0 m/s)
 - c. Cross-Country: There will not be a set time standard as courses vary drastically. For an athlete to obtain 50% of the maximum funding amount they will need to finish in the top 5 at the Saskatchewan Athletics provincial championships. To obtain the other 50% of the maximum funding amount the athlete will need to finish in the top half at the national championships
- vi. To obtain funding money athletes must wear the appropriate STFC competition apparel (STFC singlet/shirt, and black shorts/tights). Athlete must also compete in the event in which they have achieved STFC funding standard (for indoor events in which athlete achieves standard in the 300m, 600m, or 1000m the athlete must compete in the distance either one distance shorter, or one distance longer). Athlete must be in good standing with the club. Failure to do so may result in loss of funding money. Associate members are not eligible to receive funding. Athletes must be full members of the club to be eligible to receive funding.
- vii. 2016-2017 approved National Championships
 - a. Youth/Junior/Senior Cross Country- Kingston, ON- Nov. 26, 2016
 - b. Youth/Junior Indoor- Montreal, QC- Feb. 18-19, 2017
 - c. 10,000m- Guelph, ON- June 13, 2017
 - d. Junior/Senior Combined Events- Ottawa, ON- July 3-5, 2017
 - e. Junior/Senior Outdoor- Ottawa, ON- July 6-9, 2017
 - f. Youth Outdoor- Brandon, MB- Aug. 11-13, 2017